



## **Age-Friendly Committee Terms of Reference**

### **Preamble**

The Age-Friendly Committee was established to represent the senior population within the City of Thorold. As of 2022, the largest age group residing in Thorold is those 65 and older. The Committee will work together to provide recommendations and advice to Thorold City Council on issues relating to older individuals to ensure they are supported within the community.

### **Mandate**

To provide recommendations to Council regarding a strategy and action plan to elevate the profile, level of leadership and engagement of seniors in the community. Recommendations are also to be made on how to facilitate active lifestyles for all seniors, optimize health & wellness services for seniors and to improve access and utilization of various services and supports.

### **Goals and Purpose**

The purpose of the Age-Friendly Committee is to provide Council with recommendations regarding policies, services and structures that support and enable older people in the community. The Committee will:

- Act in an advisory capacity to Council on matters pertaining to seniors within the community;
- Provide recommendations on how to facilitate active lifestyles and optimize health and wellness for seniors;
- Work towards improving access and utilization for senior services and supports.

### **Membership**

The Committee shall consist of the following members:

- Councillors (Minimum of 1)
- Joint Accessibility Advisory Committee member (1)
- Thorold Municipal Non-Profit Housing Board member (1)
- Seniors Association member (1)
- At-large members (7)

The City's Community Services staff (or designate) will support the Committee as the City's staff liaison.

### **Meeting Frequency**

The Committee shall meet monthly.